

October 2026

DAJA BREAKFAST CALENDAR

October 2026						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Whole Grain Muffin, String Cheese Apple	2 Whole Grain Assorted Cereal Toast Canned Pears	3
4	5 Granola, Blueberries Milk	6 Whole Grain Oatmeal, Toast Canned Peaches	7 Whole Grain Pancakes, Light Syrup, Scrambled Eggs Oranges	8 Whole Grain Muffin, String Cheese Canned Pears	9 Eggs, Spinach, Whole wheat Toast Apple	10
11	12 Whole Grain Oatmeal, Toast Canned Peaches	13 Whole Grain Assorted Cereal, Toast Canned Pears	14 Whole Grain Pancakes, Light Syrup, Scrambled Eggs Oranges	15 Whole Grain Muffin, String Cheese Apple	16 Whole Grain Assorted Cereal Toast Canned Pears	17
18	19 Granola, Blueberries Milk	20 Whole Grain Oatmeal, Toast Canned Peaches	21 Whole Grain Pancakes, Light Syrup, Scrambled Eggs Oranges	22 Whole Grain Muffin, String Cheese Canned Pears	23 Eggs, Spinach, Whole wheat Toast Apple	24
25	26 Whole Grain Oatmeal, Toast Canned Peaches	27 Whole Grain Assorted Cereal, Toast Canned Pears	28 Whole Grain Pancakes, Light Syrup, Scrambled Eggs Oranges	29 Whole Grain Muffin, String Cheese Apple	30 Whole Grain Assorted Cereal Toast Canned Pears	31

SUBJECT TO CHANGE